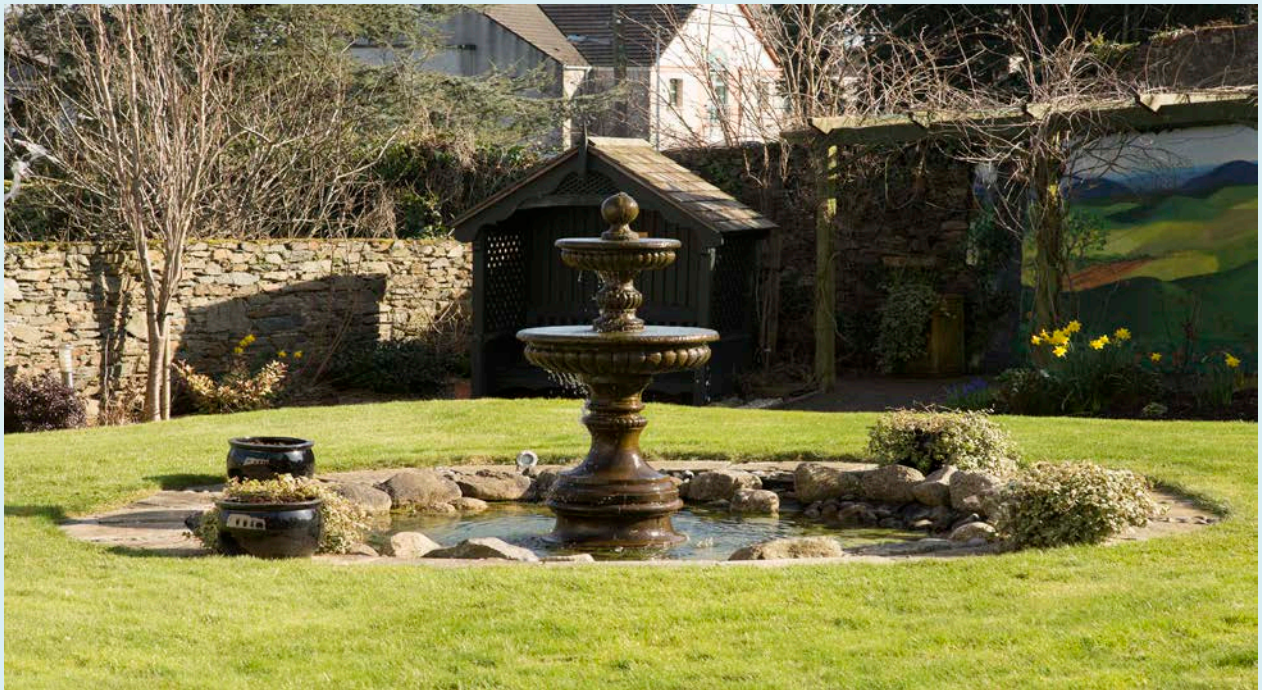




CHY No: 15556
RCN No: 20054007

HOPE CANCER SUPPORT CENTRE CLG

ANNUAL REPORT FOR THE YEAR 2017



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Introduction

The Hope Cancer Support Centre CLG is based in Enniscorthy, County Wexford. The Centre was originally founded in 1999 by a group of people who were affected by cancer, to give emotional support and practical information to people whose lives are changed by a cancer diagnosis. We support our clients from the time of diagnosis, throughout their treatment and afterwards. We ensure a confidential, professional and caring service in a peaceful, calm and confidential environment. In addition to our support nurses we engage the services of a team of dedicated and highly skilled therapists, counsellors and facilitators. The services provided include nurse led assessment and support, Counselling and Psychotherapy, Massage and Reflexology, Meditation, Art, Yoga, Bra and Prosthesis fitting, Lymphoedema therapies, transport service, and a number of peer support groups. Our services are made possible by the generous support of the local community who assist our services in many ways, and our Grant providers who aid us with valuable funding annually. We are also strongly supported by a large group of amazing volunteers who are to be found throughout the organisation offering their unique talents and expertise.

Summary of Report

2017 was a busy year for the Hope Cancer Support Centre with the number of new clients offered services in excess of 290. We were delighted to continue with the CLIMB Programme (Children's Lives Include Moments of Bravery) for children whose parent has/had a cancer diagnosis. The aim of this programme is to dispel children's myths and fears about cancer. Our programme was partially grant aided by the Ladies Gaelic Football Association. The groups are creative using drama, arts and play. We were also able to provide counselling services to children with the aid of Tusla Grant proceeds.

We also ran a popular Strides exercise programme, to help people get back into physical exercise after diagnosis/treatment, and a very informative Prostate Cancer Support Programme, both of which are supported by the Irish Cancer Society.

Our transport service was commenced, having purchased a dedicated car for the centre in 2017, and with the aid of our experienced volunteer drivers, we undertook an average of 15 monthly trips to and from hospital cancer treatments by the end of the year. Purchase of the car was partially grant aided by National Lottery Grant.

We were delighted to be able to continue to provide a full range of services including nurse support, counselling and psychotherapy, and massage, reflexology, meditation, yoga, art, bra/prosthesis/wig fitting, lymphoedema therapies and many peer support groups and workshops. Our services are supported by HSE Grant.

The financial standing of Hope Cancer Support Centre CLG is strong, as a result of incredible local fundraising efforts, grant aid and robust financial controls overseen by the Board of Directors and administration at the Centre. Activities at the Centre are increasing year on year with ambitions for 2018 to include multiple myeloma supports, extended transport services, a bereavement support programme and increased access to counselling and complementary therapy services.

Our Vision, Mission and Goals

Vision

Our vision for Hope Cancer Support Centre CLG is to provide the best possible cancer support services for the people of County Wexford and surrounding areas, from our Centre in Enniscorthy and through outreach services throughout the area.

Mission

Our mission is to offer practical and emotional support to people with a cancer diagnosis and their supporters and carers, from the time of their diagnosis, through their treatments and afterwards.

To ensure a caring, confidential and professional service is delivered in a safe and peaceful environment.

To strive to improve our performance by driving quality and evidence-based practice in all of our support activities.

Our Goals

1 Provide the best possible supports to people with a cancer diagnosis and their loved ones	2 Reduce the impact of a cancer diagnosis through the provision of supports that are evidence based and that adhere to best practices	3 Ensure that clients can access our services in a timely manner and be supported in the manner that suits them best	4 Strive to improve our performance by listening to our client feedback and responding appropriately	5 Strengthen all we do by working as a team, ensuring the focus is on client needs, while complying with legal and regulatory requirements

Board of Directors 2017

The Board of Directors of Hope Cancer Support Centre CLG work on a voluntary basis and do not receive any remuneration or benefits. In 2017, the Board met 15 times during the year and all Board meetings were minuted and adhered to recognised best practice.

The Board of Directors in 2017 were:

Una Doherty:	Chairperson	re-appointed Chairperson October 2017
Margo Kehoe:	Vice Chairperson	re-appointed Vice Chairperson October 2017
Michael Jordan:	Secretary	re-elected at AGM. re-appointed Secretary October 2017
Ann Marsh:	Treasurer	re-elected at AGM, retired October 2017
Kevin Hughes:	Director	appointed Treasurer October 2017
Frank Lillis:	Director	retired October 2017
Jim McCauley:	Director	
Nick Rackard:	Director	retired October 2017

Core Activities during 2017

Counselling and Psychotherapy services are provided as both an in-house and an outreach service by the Hope Cancer Support Centre CLG, as are reflexology and massage services.

Art, Yoga, Meditation, Lymphoedema therapy, Bra & Prosthesis and Wig fitting services are provided in-house. Support groups, specialist support programmes and training workshops and events are also provided in-house.

The **CLIMB** Children's programme 2017 was run over six weeks in the evenings to facilitate after-school attendance. The CLIMB programme (Children's Lives include moments of bravery) is a programme for children aged 6-12 who are experiencing the impact of a cancer diagnosis of a significant adult in their lives. Through the programme the children will develop an understanding of cancer and from this understanding the myths and fears that children can hold about cancer can be dispelled. The groups are creative, using drama, arts and play.

Our **Hope to Drive** service was to provide help for clients to get to and from their hospital cancer treatments. This became a reality in 2017, when Hope purchased a car and worked with volunteer drivers to make this service a great success story, which continues to go from strength to strength. Our volunteer drivers pick people up at their homes, take them to their hospital cancer treatment appointments, and bring them safely home again. This greatly reduces the stress of arranging transport and helps clients maintain their independence and peace of mind.

Services provided during 2017*

**Attendance figure is a cumulative figure for client and visit numbers*

Counselling and Psychotherapy	686 sessions
Massage / Reflexology	790 Sessions
Yoga	35 sessions with 137 attendances
Art	50 sessions with 300 attendances
Meditation	61 sessions with 347 attendances
Lymphoedema	445 sessions
Assessments	291 Clients and Carers
Bra and Prosthesis Fittings	150 fittings
Wig Fitting	11 fittings
Support Groups	
Bi-monthly Prostate Support Group	21 attendances (13 clients)
Monthly Men's Support Group	85 attendances (25 clients)
Monthly Women's Support Group	82 attendances (37 clients)
Bi-monthly Lymphoedema Support Group	27 attendances (17 clients)
Monthly Breast cancer Support Group	39 attendances (18 clients)
Bi monthly Caregivers group	17 attendances (14 clients)
Programmes	
CLIMB	6 weeks programme with 36 attendances (6 clients)
Strides for Life	15 weeks programme with 73 attendances (8 clients)
Men's Prostate	6 weeks programme with 47 attendances (9 clients)
Workshops	
Volunteer evening	31 attendances
Dealing with Bad News	8 attendances

Fundraising Support

Hope Cancer Support Centre CLG is strongly supported by the local community and business sector. Without this dedication we simply could not open the door of the Centre. There were coffee mornings, cycles, walks, donations and many more events that were all a huge support. Some of the bigger events included the following:

Large fundraising events in 2017:

Hope and Dream 10

Dip in the Nip

+++

Hope and Dream 10, 2017 saw the largest number of people register for the race to date with 2,150 participants. The Dip in the Nip proved to be the largest of its kind in Ireland with dedicated ladies taking the plunge and raising over €25,000.

The Hope Shop

The Hope Shop remains a big part of our fundraising activities, grossing an income of over €125,000 which accounts for nearly 20% net contribution to the Hope Centre.

Donations

Over 50% of our income in 2017 came from our very generous donors and fundraisers whose support is very much appreciated by the Hope Centre.

Staffing

Hope Shop: In 2017, the Hope Shop had 1 paid employee and 2 employees on TUS and CE supported employment schemes, and was further supported by up to 40 volunteers.

Hope Centre: In 2017, the Centre was staffed by 1 full time and 5 part time staff plus 2 employees on a CE supported employment scheme. The Hope Centre was supported by a team of dedicated volunteers who helped with meeting and greeting clients, cash services, maintaining our beautiful garden, and of course our new Transport service. Clients at the Centre were supported by a team of highly qualified support nurses and contracted counsellors, therapists and facilitators. All Hope therapists, counsellors and facilitators are fully qualified, accredited and insured. It is the policy of Hope not to engage student therapists or those working up hours towards accreditation.

Fundraising Volunteers: In 2017, in addition to our very dedicated Events Support Committee who helped at various fundraising events, nearly 200 volunteers helped with fundraising activities, mainly at the annual Hope and Dream 10.

Hope Cancer Support Centre CLG is committed to providing a professional and efficient service in supporting the volunteer ethos in our HOPE centre, our charity shop, our transport service and our fundraising efforts. Without the support of our volunteers, we could not provide the level of service that we do provide in all areas of our support centre. We appreciate all this support and thank everyone for their time in HOPE.

Conclusion

Overall 2017 was a very busy year for the Hope Centre.

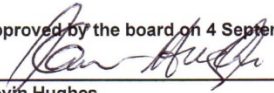
We met nearly 300 new people including those with a diagnosis and their loved ones. The Centre continues to grow and develop under the guidance of a professional and experienced voluntary Board of Directors in addition to the dedication and commitment of the staff, volunteers and contracted professionals. We thank all our supporters and look forward to expanding and enhancing all the services the Centre provides in 2018, and reaching out and helping as many people as possible in County Wexford and beyond.

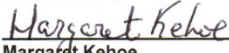


Hope Cancer Support Centre CLG
 (A company limited by guarantee, without a share capital)
INCOME AND EXPENDITURE ACCOUNT
 for the year ended 31 December 2017

	Notes	2017 €	2016 €
Income	5	433,450	430,989
Expenditure		<u>(435,289)</u>	<u>(434,277)</u>
Deficit before interest		(1,839)	(3,288)
Interest receivable and similar income		<u>1,280</u>	<u>2,208</u>
Deficit for the year		<u><u>(559)</u></u>	<u><u>(1,080)</u></u>

Approved by the board on 4 September 2018 and signed on its behalf by:


 Kevin Hughes
 Director


 Margaret Kehoe
 Director

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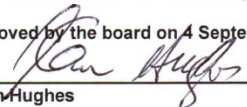
BALANCE SHEET

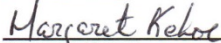
as at 31 December 2017

	Notes	2017 €	2016 €
Fixed Assets			
Tangible assets	8	383,881	376,000
Current Assets			
Debtors	9	27,627	33,098
Cash and cash equivalents		306,509	344,604
		334,136	377,702
Creditors: Amounts falling due within one year	10	(9,734)	(44,860)
Net Current Assets		324,402	332,842
Total Assets less Current Liabilities		708,283	708,842
Reserves			
Income and expenditure account		708,283	708,842
Members' Funds		708,283	708,842

The financial statements have been prepared in accordance with the small companies' regime.

Approved by the board on 4 September 2018 and signed on its behalf by:


 Kevin Hughes
 Director


 Margaret Kehoe
 Director